

section 2.6: related resources and information

Aged Care and Housing Group (ACH) provides a range of services to support people with dementia and their caregivers. http://www.ach.org.au/dementia_services.htm and http://www.ach.org.au/respite_options

Alzheimer's Australia SA phone **8372 2100, 1800 100 500**
27 Conyngham St Glenside SA 5065
alzsa@alzheimerssa.asn.au
www.alzheimers.org.au

Services include: advocacy, Behaviour Advisory Service (Aged Care) for older people living in an aged care facility or receiving a Community Aged Care Package whose behaviour is causing risk or distress to themselves or their caregivers, information, advocacy and support for families and caregivers of people who are under the protection of the Guardianship Board, counselling (telephone and face-to-face), support groups in metropolitan and country areas, regional support and caregiver education, training for health professionals, a resource centre with video and book material for loan.

Beyond Blue

The national depression initiative have a series of fact sheets in a broad range of issues including depression in older people, see www.beyondblue.org.au

Carers' Support and Respite Centre Inc

see Section 5 – *Accessing resources for care* for regional contact details
<http://www.carersupport.org.au>

Cystic Fibrosis Association of South Australia phone **8221 5595**

Dementia Caregiver Support Group phone **8393 1812 or 8393 1833**

Adelaide Hills Community Health Service, Wellington Rd, Mount Barker
Support group to cater to the needs of caregivers of people with dementia

General Practitioners caring for caregivers of people with Dementia

A pamphlet is available from www.racgp.org.au - look under "dementia carer"

Heart Foundation Heartline phone **1300 36 27 87**

Information, support, educational materials and telephone advice line for people with heart disease

www.heartfoundation.com.au

Huntington's Disease Association phone **8271 2922**

Provides a weekly Day Program, regular caregiver's meetings, information, counselling, a Predictive Testing Program and support for individuals, affected families and health professionals.

National Dementia Helpline phone **1800 100 500**

Support for people with dementia, their caregivers and family - confidential, sensitive and professional telephone counselling. Interpreter services can be accessed on 131 450

Education & training programs for caregivers of people with dementia and to people who are concerned about the risk of developing dementia

Motor Neurone Disease Association of South Australia Inc phone **8357 0245**

23A King William Road, Unley SA 5061

PO Box 359, UNLEY SA 5066

www.mndasa.com.au

Can provide support including home visits, social gatherings, limited equipment for loan, information, support groups, education sessions, workshops.

Muscular Dystrophy Association Inc. (MDASA) phone **8234 5266 or 1800 685 266**

36-38 Henley Beach Rd Mile End SA 5031

Postal address GPO Box 414 Adelaide SA 5001

info@mdasa.org.au

Can provide advocacy, counselling, health information, some equipment on short term loans, home visits, access to allied health services, including hydrotherapy, physiotherapy, speech pathology, recreation, including camps and school holiday activities.

Options Coordination phone **8366 7333**

Head Office: 21 Blacks Road, Gilles Plains, 5086

Assists people with significant and permanent disabilities to access assistance, information and community services.

Offices are also located in country and suburban metropolitan areas.

Additional resources for patient with an acquired brain injury can be found at the Acquired brain injury section of the Children, Youth and Women's Health service see

<http://www.cyh.com/>

The Good Sunset Project

An initiative of the Hammond group, exploring ways of communicating with people with advanced dementia and improving quality of life

www.hammond.com.au