

## section 5.2: rural and remote services

Palliative care services across **rural and remote South Australia** which provide community-based care are mostly attached to local community health services or hospitals. The rural services generally offer specialist palliative care nurses, with direct care provided by local community nurses, General Practitioners, domiciliary and allied health staff.

Inpatient care for palliative patients is usually managed by general practitioners or by general physicians in the few larger regional hospitals. There is often access to rooms which are specifically furnished for palliative patients, with additional space or equipment (eg electric jugs, refrigerators) provided for families.

Palliative care services, related staff and general practitioners in some rural and remote regions are supported by the Medical Specialist Outreach Assistance Program (MSOAP), which provides funding for a limited number of medical visits to regional centres by Adelaide-based palliative care consultant doctors.<sup>1</sup>

### Rural palliative care services

**Adelaide Hills Palliative Care Service** (08) 8393 1888  
Adelaide Hills Community Nursing Service  
Wellington Road  
Mt Barker 5251

**Barossa & Districts Palliative Care Service** (08) 8564 2996  
Barossa Community Health Service  
North Street  
Angaston 5352

**Eyre Peninsula Palliative Care Service  
(Lower Region)** (08) 8683 2260  
Port Lincoln Health Services  
Oxford Terrace  
Port Lincoln 5606

**Gawler & Districts Palliative Care Service** (08) 8522 3890  
Gawler Health Service  
21 Hutchinson Road  
East Gawler 5118  
(Switchboard – 08 8521 2000)

**Kangaroo Island Palliative Care** (08) 8553 4231  
Kangaroo Island Community Health Service  
Esplanade  
Kingscote 5223

**Lower North Health Palliative Care Service** (08) 8842 6555  
Clare Community Health Service  
Webb Street  
Clare 5453

<p><b>Murray Mallee Palliative Care Service</b>  Murray Bridge Hospital  Swanport Road  Murray Bridge 5253</p>	<b>(08) 8535 6800</b>
<p><b>Northern Yorke Peninsula Palliative Care Service</b>  Northern Yorke Peninsula Health Service  Northern Yorke Peninsula Community Health Service  Wallaroo 5556</p>	<b>(08) 8823 3122</b>
<p><b>Port Augusta Palliative Care Service</b>  Port Augusta Domiciliary Care  40 Flinders Terrace  Port Augusta 5700</p>	<b>(08) 8648 5736</b>
<p><b>Port Pirie Palliative Care Service</b>  Port Pirie Regional Health Service  Alexandra Street  Port Pirie 5540  <i>(Pt Pirie Hospital switchboard 08 8638 4500)</i></p>	<b>(08) 8638 4659</b>
<p><b>Riverland Palliative Care Service</b>  Barmera Community Health Centre  Scott Avenue  Barmera 5354</p>	<b>(08) 8588 0435</b>
<p><b>South Coast Palliative Care Service</b>  South Coast Hospital  Bay Road  Victor Harbor 5211</p>	<b>(08) 8552 0675</b>
<p><b>South East Regional Palliative Care Service</b></p> <ul style="list-style-type: none"> <li> <p>• <b>Lower South-East</b>  Mount Gambier &amp; District Regional Health Service  Weil Street North  Mt Gambier 5290</p> </li> <li> <p>• <b>Upper South East Regional Palliative Care Service</b>  Naracoorte Community Health Service  Cedar Ave  Naracoorte 5271</p> </li> </ul>	<b>(08) 8721 1460</b>
<p><b>Southern Yorke Peninsula Palliative Care Service</b>  Southern Yorke Peninsula Community Health Service  9 South Terrace  Minlaton 5575</p>	<b>(08) 8853 2308</b>
<p><b>Whyalla Palliative Care Service</b>  Whyalla Domiciliary Care  Wood Terrace  Whyalla 5600</p>	<b>(08) 8648 8393</b>

## **resources for rural and remote patients**

Resources which relate to the discharge of patient from rural and remote regions can be seen in Section 4.2.4 – *Discharge to rural and remote regions*.

For specific information which relates to regional, rural and remote areas contact the most appropriate staff member in your hospital – this may be the rural liaison nurse, specialist palliative care nurse or discharge planner.

Information about both inpatient and community-based services is also available at the Country Health South Australia web site – see <http://www.countryhealthsa.sa.gov.au>.

## **references**

---

<sup>1</sup> A Snapshot of Palliative Care in Australia (2003), Australian Government Department of Health and Ageing, Commonwealth of Australia, ACT.