

## section 9: additional information and resources

### resource listing

#### ▪ professional development and peak bodies

##### **Palliative Care Australia**

- national peak body for palliative care in Australia
- provide regular press releases and publications of national guidelines and studies
- national conference held every second year (odd years) for all clinical disciplines and volunteers
- general information for health professionals and the public appears on the website of Palliative Care Australia
- see <http://www.pallcare.org.au/>

##### **Palliative Care Council of South Australia Inc**

The Council provides information about educational sessions, conferences for rural practitioners and volunteers, a range of related palliative care publications, the *SA Consent to Medical Treatment and Palliative Care Act 1995* and palliative care service delivery in SA – visit [www.pallcare.asn.au](http://www.pallcare.asn.au) or call 08 8291 4137.

##### **Palliative Care Nurses Australia**

- peak body for palliative nurses in Australia, membership is available to any nurse involved in palliative care delivery or who has an interest in palliative care nursing
- offers a national conference every 2 years (even years)
- follow the link from [www.pallcare.org.au](http://www.pallcare.org.au)

##### **Local specialist palliative care service**

- contact your local specialist service which can be located on the map in Section 5 – *Accessing resources for care*
- local services will be able to provide information about short courses or structured education offered to acute hospitals within their region

#### ▪ generic information

***Emergencies in Palliative and Supportive Care*** (2006) Currow D, Clark K. Oxford University Press, Oxford.

***Oxford Textbook of Palliative Medicine*** (1999) – 2<sup>nd</sup> edn. Ed. Doyle D, Hanke G, MacDonald, N. Oxford University Press, Oxford, UK.

***Palliative Medicine*** (2004) Evidence-based symptomatic and supportive care for patients with advanced cancer. Woodruff R. Oxford University Press, Oxford.

**Therapeutic Guidelines – Palliative Care** Version 2 (2005). Therapeutic Guidelines Ltd, Victoria.

**The National Health & Medical Research Council (NHMRC)** publications for health professionals which are located at their website, see [www.nhmrc.gov.au](http://www.nhmrc.gov.au):

- Clinical practice guidelines for the management of advanced breast cancer
- Clinical practice guidelines for the management of colorectal cancer
- Clinical practice guidelines for the management of cutaneous melanoma
- Clinical practice guidelines for the psychosocial care of adults with cancer
- Psychosocial Clinical Practice Guidelines: providing information, support and counselling for women with breast cancer

### ▪ **valuable websites for clinical practice**

Brown University, Rhode Island, US and the Centre for Gerontology and Health Care Research: assessment tool – contains the TIME toolkit (Toolkit of Instruments to Measure End of Life Care): [www.chcr.brown.edu](http://www.chcr.brown.edu)

CareSearch provides palliative care information, access to evidence-based literature, research resources and news on what's happening in palliative care for clinicians, researchers and educators. Soon to expand to meet the needs of the whole community: [www.caresearch.com.au](http://www.caresearch.com.au)

Center to Advance Palliative Care – policies, standards, guidelines: [www.capc.org](http://www.capc.org)

Centre for Health Service Development, University of Wollongong – evaluation tools from Caring Communities and other projects: [www.chsd.uow.edu.au](http://www.chsd.uow.edu.au)

Centre for Palliative Care Research and Education, Queensland: [www.cpcrc.com](http://www.cpcrc.com)

Current Learning in Palliative Care( CLIP) – provide 15 minute online tutorials across levels of experience: <http://www.helpthehospices.org.uk/>

Cochrane Pain, Palliative Care and Supportive Care Group: [www.jr2.ox.ac.uk/cochrane](http://www.jr2.ox.ac.uk/cochrane)

End of Life/ Palliative Education Resource Centre (EPERC) – Provides access to Fast Facts and short online tutorials in a variety of topics related to provision of care in the setting of life limiting illness : [www.eperc.mcw.edu/](http://www.eperc.mcw.edu/)

International Association for Hospice and Palliative Care: [www.hospicecare.com](http://www.hospicecare.com)

Palliative Drugs – Comprehensive information regarding use of medications in palliative care: [www.palliativedrugs.org](http://www.palliativedrugs.org)

Regional Palliative Care Program, Edmonton Alberta: [www.palliative.org](http://www.palliative.org)

Therapeutic Guidelines – Independent, not-for-profit organisation providing guidelines for practice, includes both Palliative Care and Analgesia specific editions: [www.tg.com.au](http://www.tg.com.au)

### **Support for colleagues**

Living, caring, working – Information about creating a supportive environment at work for those diagnosed with a life limiting illness: [www.livingcaringworking.com](http://www.livingcaringworking.com)

**Human Services Finder** – The Human Services Finder is administered by the Department of Health. It was developed in response to an identified need for people to have access about all human services in South Australia in one accessible, up-to-date place: <http://www.hsfinder.sa.gov.au/>

**Infosearch** – A database of South Australian Health and Community Services & Resources managed by CISA – a quick search will assist in locating what is available in community support for older people: <http://www.infosearchweb.com/index.cfm>

**Commonwealth Carelink** – Website outlining a range of services which support independent living: <http://commcarelink.health.gov.au/>

### ▪ **cancer specific websites**

The Cancer Council of South Australia: <http://cancersa.org.au/>

The Cancer Council Australia: <http://cancer.org.au/>

Cancer Institute of New South Wales: <http://www.cancerinstitute.org.au>  
information on evidence-based cancer treatments

### ▪ **rural and remote resource sites**

**Community Links Program** – Provides support and encouragement to enable individuals who are socially isolated to connect to and participate in community activities: <http://www.sabaptist.asn.au/bcs/servicesclp.htm>

**Country Health South Australia** – Provides links to regional health services in inpatient and community settings across rural and remote areas of South Australia: <http://www.countryhealthsa.sa.gov.au>